ADC farms produce bounty of summer crops

ADC’s satellite gardens and vegetable production fields are having a productive growing season. The proof is in the bags of fresh produce that will help meet food consumption demands.

During a recent visit Tucker, inmates were busy in the fields gathering bags of yellow squash. Warden Steven Williams said the squash crop has been one of the best he’s seen.

“We expect to bring in approximately 14,000 pounds of squash today,” said Williams. “Just yesterday, we gathered almost 15,000 pounds. It’s been a great season for our squash crop.”

Although the squash may be coming in at a steady pace, the dry weeks in June weren’t kind to the broccoli crop.

“We’re probably not going to see as much of the broccoli this year as we’d like,” Williams added. “But, the season is far from over yet. We’ve got plenty of other summer vegetables that are about ready to bring in, so we’re very excited.”

(Continued on page 4)
Stay on your toes, don’t lose to complacency

“When a great team loses through complacency, it will constantly search for new and more intricate explanations to explain away defeat.”

– Pat Riley, Miami Heat president and former NBA coach

That quote from Pat Riley spurred some thoughts. I think of ADC as a great team – a winning team. We are a successful agency because of the hard work and commitment of the dedicated and talented employees here.

But continued success requires staying on our toes and not falling into the pattern of contentment.

People who are complacent don’t look for new opportunities or dangers. They don’t see hazards or threats because they are comfortable and focused on themselves or things that don’t relate to their work environment. This means they are moving along at the same pace, doing whatever has been done or worked for them in the past, when in fact, the circumstances may call for some other action or response.

Inspirational writer Brian Kim puts it like this: “Once you stay in a place long enough, it gets very comfortable and then it requires more energy to get out of that place and therein lies the very well disguised and placed trap of complacency. If you find that the days are becoming more and more alike, you’re probably not alone. Routine is inevitable and people gravitate toward it like moths to the flame and once you settle down into the daily routine of things, you end up in a cycle that has potential negative side effects, especially in the world we live in today.”

The negative side effects are particularly dangerous in our business.

Popping all of those doors is inconvenient. Removing rubber kitchen boots for shakedown is inconvenient. Keeping proper control of keys and tools is inconvenient. Comparing rosters and inmate IDs is inconvenient. Good security is always an inconvenience, but staying on top of those routine tasks is critical to safety. Officers can’t afford to be complacent. It puts their lives and the lives of inmates and other agency employees at risk.

None of us can afford to be complacent. It may not be a matter of life or death, but every job in ADC is important. What if accounting didn’t keep an eye on expenses? We would have budget issues. What if the person who stays on top of salary appropriations failed to follow the steps necessary to process payroll? None of us would like that one: we wouldn’t get paid. You get the point here. Apply the same logic across every job in every division of our agency.

When an accident or incident occurs, it typically means that someone made a decision to not follow proper policies and procedures. A different decision or action might have prevented the incident. That’s why it is the responsibility of every employee, especially those in leadership positions, to remain alert about his or her surroundings – and on top of their jobs.

Lt. Col. Constance Smith of the 386th Air Expeditionary Wing Medical Group wrote a commentary in March 2009 about embracing change and preventing complacency. This was her advice to airmen and I think it is just as applicable to ADC:

“To prevent complacency in the workplace one must be committed to the mission, be a good steward and be responsible and accountable for every resource you manage. Be responsive, develop and grow as a person, a unit and an organization. Identifying and knowing your guiding values helps you stay on course during your journey ….”

Good advice.

Let’s all take the time to look at ourselves and how we work – and make changes, if necessary, to overcome complacency.

Red Shirts tune up for breakfast

ADC wardens were treated to a lively arrangement of songs performed by the “Red Shirt Singers” at the annual Wardens’ Prayer Breakfast on June 28. Hosted by ADC Chaplaincy Services, this year’s meeting was held at the Regional Park Waterfront meeting room, featuring a southern-style country breakfast followed by music from the Red Shirts.

“We usually have a guest speaker each year,” said Chaplain John Wheeler, ADC Administrator of Religious Services. “This year, we just decided that we were going to sing.”
The New Blues

by Bill Watson

WOW... SURE IS HOT TODAY.

Yeah, I think the sun's gotta grudge.

What's that? Sounds like shots!

Looks like we're surrounded. Man!

Hmm, I've never seen corn do this before...

Maybe it needed a little sunscreen.
Tucker bees sweeten the summer vegetable harvests

(Continued from page 1)

Warden Williams pointed out that several ADC units participated in cultivating “satellite gardens” to determine better ways to increase vegetable production according to the total growing area available. “We may not have won this year,” said Williams, “But we’ve definitely done well on crops like yellow squash, zucchini, cabbage, and sweet corn.” Williams was also pleased to show off the rows of beehives, located at the west end of the Tucker facility. Honey production will have a two-fold effect on the Tucker farm. As the bees produce honey, they also provide natural cross-pollination for the crops in the field.

“It’s a win-win situation for us,” said Williams. Though the corn and cabbage crops were about ready for picking. Williams wouldn’t speculate early figures, but was confident that the Tucker Unit would realize an abundant summer harvest.

While early forecasts may have predicted a longer summer, the end of the 2012 growing season is far from over. As the summer vegetables are gathered, fields are already being prepared for the fall planting season. The Tucker farm is just one of many ADC facilities that produce fresh fruit and vegetables that sustain units and ultimately, save the state money.

Talk is buzzin’ about the beehives at Tucker. Handlers wait patiently for honey as the corn crop nears harvest time.

Policy Spotlight

Facts about policy and conduct

Got questions about ADC policies and procedures? Then send in your topics to The Advocate and we’ll be glad to get you the facts. Contact bill.watson@arkansas.gov with questions.

“There’s a lot of attention in the media about elections and candidates. I want to get involved, but will it conflict with my job?” Good question. As you probably know, candidates encourage you to exercise your right to vote and seek your support. However, Arkansas State law prohibits state employees from engaging in partisan activities during the hours they are at work. This means no distribution or use of campaign literature while at your office or unit, placement of campaign stickers on state-owned vehicles and solicitation or collection of contributions for elected officials or candidates for office. Employees are not to endorse candidates, including the governor, while in their official capacity as state employees. In other words, it’s OK to get involved with the election process — just not while you are on the job.
The two varieties of spiders that are of concern to most humans are the Brown Recluse and Black Widow. The bite from both can cause painful swelling and tissue damage. However, venom from the Black Widow is more toxic and can act upon the central nervous system. Individuals that are sensitive to insect bites are more susceptible to complications and should seek immediate medical attention if bitten.

Summer vacation is the time of year that draws more people outdoors than any other season. Activities such as boating, camping and hiking bring people closer to the great outdoors. It can also bring individuals closer to an encounter with a few of nature’s less-desirable residents.

Mosquitoes, ticks, spiders, scorpions, wasps and snakes are but a few of the downsides to any vacation. A few precautions and pre-planning can help take the sting out of many of these encounters and possibly save a life.

Like the mythical vampire, there are parasites out there that want to suck your blood. Mosquitoes, the bane of many outdoor activities are not only a nuisance, they also carry diseases such as malaria, yellow fever, and the West Nile virus.

According to Game and Fish Magazine, approximately 200 species of mosquito occur in the United States and more than one million people worldwide die from mosquito-borne diseases every year. Mosquitoes love still, quiet pools of water such as bird-baths, ditches, and wetlands. Carbon dioxide, exhaled from humans as well as the aroma of sweat and perfume attract the females who need a blood meal before they can lay their eggs.

As the study recommends spraying clothing with a DEET-based repellant, wear light-colored clothing to easily spot and brush away ticks and to tuck pants inside boots or socks. Thoroughly inspect leg and ankle areas promptly after returning from wooded areas. If exposed, carefully remove the tick with tweezers using a gentle, rocking motion. Treat with an antibacterial soap to kill any germs left behind.

In Arkansas, snakes are a common threat. Because of an abundance of wooded areas and wetlands, the two most prominent species are the Copperhead and Cottonmouth, or Water Moccasin. Both are Pit-Vipers and are extremely aggressive. Both favor hiding near rocks, logs, and at edges of water. Telltale signs are the triangular-shaped head and slit pupils.

Another set of arthropods commonly encountered in wooded areas are spiders and scorpions. Unlike their close cousin the tick, spiders and scorpions are rarely aggressive towards humans and bite only in defense. Both species hide in camouflaged, dark areas such as woodpiles, crevices and holes to capture insects. If disturbed, the spider or scorpion will bite. However, most species’ venom isn’t toxic to humans.

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Wasps and hornets are another set of aggressive summer pests that can establish nests near homes, wooded areas, and even underground. In a recent article, WebMD stated that “More people die from wasp and hornet stings than snake bites.” Always be on the lookout for nests and never approach if you discover one. It isn’t worth the risk to yourself and others.
Unit ERT teams compete at Cummins Training Center

Memory intensive shooting skills, riot formations and physical endurance exercises. For members of the ADCs Emergency Response Team, it’s just another day at the office. So when these elite groups of officers gather for a little friendly competition, it isn’t the usual contest for points. These guys mean business.

On May 18, the Cummins Training Center was host to teams from six ADC units as they faced-off to display skills and team coordination at the annual ERT Competition. However, to be invited to this dance, officers must first volunteer to become members of their unit’s Emergency Response Team. Candidates undergo a rigorous schedule of physical training, riot control exercises, weapons, and non-lethal defense strategies for the chance to become one of the ADCs “first responders” in the event of unit emergency situations. The annual competition draws different teams of officers — both male and female — to perform those techniques for awards and a few well-earned bragging rights.

John Kleiner, ADC Emergency Services coordinator said, “The competition is a way for the teams to demonstrate their ability to act as a unit, rather than just a group of officers. These guys train all year long to stay in shape and to keep alert. You never know when you’re going to be called in, day or night.”

On the day of the competition finals, three teams from North Central, Tucker and the Newport Complex were on an exercise field, which closely resembles that of a military boot camp. Wearing standard ERT uniforms with side arms, the teams dashed across the exercise field to execute a rope climb and move on to the firing range for what Kleiner called “memory intensive shooting.”

Teams familiarized themselves with selected playing cards, then attempt to fire at those cards to test the shooter’s accuracy and memory recall. The final event sent teams dressed in full riot gear to the field to execute a series of entry formations.

“This was the closest competition we’ve ever had,” said Lt. Randy Shores. “It literally came down to a tie-breaking shot between two of our finalists.”

North Central was the winning ERT team. The Newport Complex placed second and Tucker placed third.
New water treatment facility nears completion at Tucker

Inmate crews, under the supervision of ADC’s Construction and Maintenance Division, have been busy pouring concrete, cutting steel and wiring switching systems for the new water treatment facility at Tucker.

Deputy Director Leon Starks said the new facility is unique in many ways. “The inmate crews work side by side with our professional staff as we construct this state-of-the-art facility. When it goes online, it will treat the needs of both the Maximum Security and Tucker units, with room to spare.”

In addition to the improved water treatment equipment, the facility will feature a computerized switching system to ensure maximum output and increased energy efficiency. The facility was designed to be large enough to adequately handle the water treatment needs of the two separate units, with the possibility of additional usage should a unit expansion be necessary.

“We’re very excited about this project,” said Starks. “We’ve got a lot of things (projects) going on at several of our units including, Cummins and Ouachita River, but I’m very pleased about the new technology we’re incorporating here.”

Most of the projects undertaken by the Construction Division have two prominent obstacles—the unpredictable Arkansas weather and operating budgets. “We try to get everything we need up front, then save money by doing the work ourselves,” said Starks. “We also try to trim the costs by using leftover materials from other projects whenever possible.”

Construction on the facility is expected to be completed within the next three months.
Library book donations stacking up for ADC units

ADC unit libraries are filling up as book donations from private and public sources pour in from across the state. In April Arkansas Senior Librarian Dennice Alexander announced the donation of 30,000 books from a Hot Springs book store. As a result of an article in the Arkansas Democrat-Gazette, Alexander received calls and e-mails from donors and libraries wanting to send used material to the ADC’s library system.

On June 6, Alexander and Evelyn Hosman, librarian assistant, picked up approximately 5,000-6,000 used books from the Pine Bluff Public Library. The pair traveled to Damascus on June 11 to receive another donation of 35,000 books. Additional donations come from school libraries that have relocated because of consolidation or closed altogether.

“People aren’t reading books as much as they used to,” said Alexander. “Books can be read or downloaded online with iPads and Kindles, so libraries aren’t as busy any more. But inmates at the ADC units can always use these books.”

ADC currently supports 15 unit libraries with approximately 200,000 books in circulation. In a typical year, ADC may receive 3,000 books from donations. Alexander said that approximately 75,000 books have been received so far this year, with an additional 45,000 books expected from Oklahoma in the coming weeks.

“We’re receiving so many (books) that we have to store them at the old Diagnostic Unit,” said Alexander. “Unfortunately, we’ve had to refuse or discard approximately 2,000 to 3,000 books that were in poor or deteriorating condition.”

Alexander and Hosman will spend the next several months inspecting the books before shipping them off to ADC libraries. Any unused books are donated to charities like Goodwill and the Salvation Army.
Clinton’s career spanned word processors to desktop publishing

Imagine when “office technology” meant electric typewriters, waste baskets and steno pads. Patti Clinton has witnessed an evolution of office technology during her 35 years with the ADC.

“The first word processors were basically typewriters with television screens,” said Clinton. “Compared to the computers we use now, they were more like a dinosaurs.”

Clinton retired from the ADC on June 15. She worked as an Administrative Specialist III in Central Office.

Clinton’s career with the department began as a Secretary II on May 23, 1977. She became one of ADC’s first word processor operators in 1981. In 1987, Gov. Bill Clinton appointed her as alternate to the state Grievance Review Committee. She served as ADC Administrative Support Supervisor from 1991 until 1996.

She was joined by her husband, Melvin, and daughter, Tonya, for a special retirement party held in her honor at Central Office.

Bharath Mohan, with the office of Gov. Mike Beebe, presented Clinton with a 35-year service award and Director Ray Hobbs presented a letter and plaque on behalf of ADC.

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**Recipes**

**Grilled Margarita Chicken**

3 tablespoons brown sugar  
2 tablespoons soy sauce  
1 can (12 oz) frozen margarita mix, thawed  
1 teaspoon garlic powder  
4 lbs. chicken breast halves

In large re-sealable bag, combine sugar, soy, garlic and margarita mix. Reserve half of mixture in small bowl. Add chicken to bag, seal and place with covered bowl in fridge-leave overnight. Drain and discard liquid from bag. Place chicken on grill and cook 10 minutes each side, basting with reserved liquid. Baste and turn until juice from chicken runs clear. Serves six.

**Grilled Potatoes and Peppers**

4 medium potatoes, cubed  
1 medium onion, cubed  
1 medium sweet red pepper, cubed  
1/2 teaspoon salt  
1/4 teaspoon garlic powder  
1/4 cup butter, cubed  
1/4 teaspoon each dried basil, dill weed, parsley flakes

Combine vegetables and seasonings, divide onto four pieces of aluminum foil (about 12 inches square). Dot with butter, fold foil around vegetables and seal tightly. Grill, covered over medium heat for 15 minutes each side. Open slowly to allow steam to escape. Serves four.

**Chilled Cucumber Salad**

1 1/2 cups thinly sliced cucumber  
2 tablespoons sour cream  
2 tablespoons ranch dressing  
1 teaspoon fresh minced parsley  
1 green onion, chopped  
1 teaspoon fresh snipped dill  
1 hard-boiled egg, sliced  
Salt and pepper to taste

Place sliced cucumber in large bowl of ice and water, place in fridge. Blend sour cream, ranch dressing, onion, and half of the parsley and dill. Arrange chilled cucumber slices on serving plate. Spoon dressing over cucumber, salt and pepper to taste, then garnish with remaining parsley and dill. Serves two.
ADC prepares to host 2nd Annual Horse Auction in September

Saddle up and head for the Saline County Fairgrounds on Sept. 15. The Arkansas Department of Correction Agriculture Division will host its second public auction of horses.

That day, the public will have the opportunity to bid on 25-30 horses retired from the ADC’s working herd.

Those interested in bidding on the animals may view and ride them from 9 a.m. to 3 p.m. on September 14 at the Saline County Fairgrounds. They may be viewed from 8:00 a.m. until noon September 15, and the sale will begin at 1:00 p.m.

“These horses - some of whose lineage can be traced to the legendary sire Joe Hancock - are perfect for pleasure and trail riding,” said Mark McCown, ADC Farm Administrator.

"Hancock was a big, stout and tough quarter horse who became a match racing sensation in Texas and Oklahoma. He lived from 1923 to 1943 and sired 15 foal crops that produced 155 registered foals."

McCown added, "ADC has crossed quarter horses with draft horses through the years to develop the current working herd. Crossing the two has made a better line of horses for the prison system and most are not high spirited."

Something “tasty” going on at ADC’s Central Office fish fry

The summer temperatures were hot, but it was the fish that did the sizzling at the Central Office Employee Association’s annual fish fry June 22.

“This is a way to thank our members for their support,” said COEA Treasurer Bobby Smith. “For three bucks, you get catfish, fries, hushpuppies, beans and iced tea. Try and beat that anywhere else!”

Aside from the great meal, the star of the day was the new Cajun Fryer rig purchased by the association in May.

“We were able to go from zero to done in under five minutes,” said Chris Coody. “We had enough to feed 60 people in less than two hours!”

“If you can’t stand the heat, back away from the deep fryer,” said Mike Brockman, left, to Chris Coody, as they prepare fish, fries and hushpuppies for the COEA annual fish fry.
ADC makes big impact in fight against hunger

Green cabbages and blue skies – as far as the eyes could see, that was the scenery June 19 at Clanton Farms in Hermitage. I met Lauren Clark from Channel 11 there for coverage of ADC’s partnership with the Arkansas Hunger Relief Alliance.

The state’s prison system probably isn’t the first thing you’d think of when contemplating gleaning – the Biblical practice of hand-gathering crops left after the harvest – but, it plays a major role in helping fill local food banks. The Arkansas Department of Correction has made a commitment to utilize inmate work crews when possible to glean fruits and vegetables donated by growers to benefit those in need.

Officers and inmates from the Delta Regional Unit were on hand to glean the fields of cabbages donated by farmer Randy Clanton.

ADC works with the Arkansas Hunger Relief Alliance and the Arkansas Gleaning Project to make the practice a success in the state. Inmates, under the supervision of correctional officers, glean donated fruits and vegetables from the fields and orchards of growers. The produce is then given to local pantries, soup kitchens and shelters that distribute food to those in need. The gleaning effort provides hundreds of thousands of pounds of fresh fruits and vegetables to pantries and agencies across the state.

With the help of ADC, the Alliance has gleaned more than 1.5 million pounds of food since June 2010. ADC has picked 615,532 pounds, which amounts to 41 percent of the total the food bank has received from such efforts.

Forty-one percent – think about it. That’s a huge contribution by our agency to fighting hunger in the state. Alliance officials said the amount ADC inmates have picked is the equivalent of 477,157 meals, which is a tremendous boost to hunger relief efforts – and that number has grown since I collected these statistics.

Ms. Clark’s feature on ADC’s partnership with the Hunger Relief Alliance aired June 25. Also, an article appeared the same day in the Arkansas Democrat-Gazette on the Grimes Unit’s assistance with picking corn donated by Bill Landreth, owner of Berries by Bill.

ADC typically stays busy from June to October helping with gleaning projects. ADC prisons geographically close to the farms with donated crops respond to assistance requests. The Hunger Relief Alliance anticipates this will be a record year for gleaning and expects more than a million pounds to be picked between now and the end of October. Last summer, we gleaned water melons in Texarkana, and sweet potatoes in Wynne, among several others gathering jobs, so we stayed busy all over the state.

ADC’s participation in the project helps feed the hungry, but it also provides an opportunity for inmates to do something positive and help repay the state for some of the debts owed by their crimes. That is equally important.

We should all be proud of ADC’s participation in these hunger-relief efforts. Many thanks to the officers and inmates who make this happen. Many hot hours are spent under the sun, but those in need are grateful.

Shea Wilson
Communications Administrator

Blue skies and cabbage in Hermitage.
ADC receives special recognition from Arkansas Special Olympics

The word *patriot* is defined as “one who loves his or her country and supports its authority and interests,” according to the Merriam-Webster dictionary. To many, a patriot is a military officer in uniform, standing at their post, tending to the safety of our country while the rest of us sleep secure in our beds — but, true patriotism means more than this.

The first American patriots were looked on as nothing more than a group of insurrectionists attempting to secede from the British government. However, a closer look at this “mob” revealed men and women prepared to sacrifice their rights, properties, and even their lives to pursue an idea—freedom. Eight years later, the British relinquished all claim to the 13 colonies, also known as the United States.

Over the next 200 years, other patriots would rise up to defend the freedom and honor of their country. Both at home and abroad, Americans represented freedom and security from oppression. Honor and respect had been earned.

Lately, according to media sources, there seems to be a decline of patriotism in this country. Dissatisfaction with government leaders, disrespect for authority and a lack of pride in all things American, tend to overshadow the values and sacrifices that were the foundations of this country.

Yet, in spite of all of the negative media coverage, there are still patriots standing at watch. You see them rise, remove their hats and cover their hearts when the National Anthem is played. You can find them at the cemeteries, placing American flags at the resting places of fallen soldiers. They are veterans and citizens who salute the flag and recite the Pledge of Allegiance, even as schools try to prohibit it. And they are every citizen who shudders at the thought of anyone who would desecrate that same flag.

On July 4, many Americans will celebrate the freedoms and privileges that are often taken for granted. Try to remember and honor those patriots who made the ultimate sacrifice for the country they loved. And if in the process you begin to feel a bit patriotic yourself, don’t worry—you’ll find yourself in good company.

— Bill Watson
Ceremonies held at ADC units across the state paid tribute to members of the ADC and Correctional School District staff for their years of dedicated service. Congratulations to everyone and best of luck to parting friends who have earned much-deserved retirement.

ADC Senior Software Analyst Joe Turchi receives recognition for 23 years of service during a retirement luncheon held at Admin East.

Grant Harris, left, Greg Wilson, Frances Baxley, Judy Taylor and Randy Watson recognize Wilson’s 28 years and Baxley’s 14 years of service. A party was held in their honor at the Benton Unit.

Deputy Director Wendy Kelley is honored for 20 years of service.

Lt. James Bennett, left, Cummins Unit; Robert Leggett, Construction and Maintenance and Bruce Hall, Farm Division, are honored for 30 years of service.

Correctional School Superintendent Dubs Byers, left, congratulates Irene Cheshier who retired after eight years as a teacher’s aide at the Grimes Unit.
Training Academy recognizes top two BCOT graduates with Wil ls H. Sargent Outstanding Student Award

The W.H.S. Outstanding Student Award winner for Class 2012-H is Lela Herrin, center. With Herrin are Lt. Melvin Smith, left, Capt. Jim Gumm and Academy Administrator Fred Campbell.

The Class 2012-I W.H.S. Outstanding Student Award winner is Kevin Sherrill. Joining Sherrill are Lt. C.L. Card, left, and Fred Campbell.

Training Academy Graduates

Class 2012-H Graduated 6/01/2012

Class 2012-I Graduated 6/15/2012

For all of the latest in-service training classes and schedules, consult your unit training supervisor or visit Spotlight for more information.
## Promotions & New Hires

### Promotions

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<td>Kaleena Watson</td>
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### New Hires

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<td>06/18/12</td>
<td>Richard Powell</td>
<td>Fiscal Support Manager</td>
<td>Central Office</td>
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“Believe in yourself! Without a humble but reasonable confidence in your own powers you cannot be successful or happy.”

*Norman Vincent Peale*
The ADC Advocate newsletter is published monthly by the Public Information Office for employees of the Arkansas Department of Correction. The publication strives to enhance communication and provide information on the development and achievements of this agency.

All employees are encouraged to submit articles, comments, ideas, letters and questions. The deadline for submission is tentatively set for the 15th of each month for inclusion in that month’s publication.

Please be aware that all submitted items will be subject to editing. However, every effort will be made to maintain the writer’s essential meaning.

In addition, statements contained in the ADC Advocate are the personal views of the authors and do not necessarily represent the opinion or policies of the Arkansas Department of Correction.

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