



“THE LEGACY LEDGER”

Grimes Unit

MARCH 2018

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RESTORE HOPE IS BRINGING JUST THAT, HOPE

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On March 7, 2018, Jennifer Hawthorne, Chloe Goodman, and Sara Littleton of Restore Hope visited our Think Legacy class and introduced the students to their services. Restore Hope is a non-profit organization, which started in Sebastian County and is dedicated to the mission of curbing Arkansas’ recidivism problem by providing parolees with a recovery coach. This is a fast growing organization with the goal serving the entire state of Arkansas.

The men in Think Legacy were very attentive as Ms. Hawthorn spoke to them about this exceptional new program. One thing I would like to note is that Ms. Hawthorne, Ms. Goodman and Ms. Littleton all appeared to have a passion for their work and a true desire to help parolees suc-

ceed upon release.

The Restore Hope program begins working with inmates that are within six months of their projected T.E. or release date, meeting with them at their facility once a month to evaluate their needs and develop a plan of action. Upon their release, the parolee will meet their Recovery Coach who will help them meet their goals for employment and housing by directing them to the right resources. Restore Hope has done a lot

of the leg work by developing a network of local businesses and other organizations that provide assistance and employment opportunities with the goal of helping each parolee gain success in the re-entry process.

As of right now, Restore Hope is available in Sebastian, Crawford, White, Garland, Pulaski, Franklin, Faulkner and will soon be in Crittenden, Craighead, Jefferson, and Grant counties.

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“The Restore Hope program begins working with inmates that are within six months of their projected T.E. or release date”



From left to right: Jennifer Hawthorn, Chloe Goodman, Sara Littleton . They said “We enjoyed our visit with Think Legacy”.

“THINKING FOR A CHANGE”

As individuals growing in this world, we have the capability of being people of action, reaction or inaction. Any situation I was faced with, I always jumped in head first, or shied away completely, never worrying about the consequences or what I did or didn't do. Knowing that those consequences didn't always have to be negative.

From my perspective, consequence is the acceptance of the outcome of one's actions. Therefore, not thinking about a situation before we act ultimately results in negative consequences. But, if we stop, break it down, and “Think for a Change”, then we might alter our results in certain situations. Allowing for positive consequences to enter our lives.

In the “Think Lega-

cy” program we learn a lot of different things, from job skills, how to write a resume, and character qualities, just to name a few, but to me the most important is “Thinking for a Change”.

This part of the program teaches us that if we can change the way we think, then we can change the way we behave.

Being in the A.D.C and accepting the terms of my own shortcomings, I've taken responsibility for my actions. I come as a fellow person who has had his fair share of bad situations due to my own thought process.

I want to say there are better and brighter days. If only we can “Think for a Change” and really want these things in our

hearts and minds. Let's stop simply knowing about



**From Left to Right
Nathan Lamb,
Thomas Galluzzo,
and
Jeremy Applegate**

how to fix these problems. Let's start enacting what we know and become wise. The difference is that knowing many things makes you knowledgeable, but to use that knowledge makes you wise.

Written by
Jeremy Applegate
#167113

*“Consequence
is the
acceptance
of results of
one's*

Restore Hope (From page 1)

This is a growing organization, so don't be surprised to see them in or near your county within a few years.

In 2016 Asa Hutchinson held a summit and put out a call to

religious and business organizations to be more active in helping keep men and women from coming back to prison by creating housing and employment assistance. Restore Hope has answered

that call by creating a program that helps guide parolees to gain the success they desire and become productive members of society.

Written by
James Frazier

“Asa Hutchinson put out a call to religious and business organizations to be more active in keeping men and women from coming back to prison by creating housing and employment assistance.”

Why I Decided to Paint Murals for Think Legacy

Hello, my name is Clifford Newman, an inmate here at the Grimes Unit. I have been here since 2012. We haven't ever had a program that better helped inmates find, get, and keep a job. I chose to help Think Legacy by designing and painting murals on the walls that express messages that the program teaches.

My first painting was of an

inmate receiving a certificate upon completion of the program. We all want to achieve goals that are obtainable. Even if it's just a certificate of completion for a program that helps inmates find jobs. In the back ground of this painting there are books that are titled Finances, Career, Jobs, Leadership, World, Map to Freedom, all of which can be

learned in the program.

I will continue to paint murals for the program as long as they want me to do so. What better job to have than one you are good at and that others will appreciate long after you are gone.

Written by
Clifford Newman
#151839



All photos shown designed, drawn , and painted by inmate Clifford Newman

Building Integrity

I am Thomas Galluzzo; an inmate at the Grimes Unit in Newport, AR. If I could change this moment, I would not.

In my opinion, crisis brings change, and change brings growth. I am learning to stand as a man of integrity and walk with character day by day. I am learning character traits from Think Legacy through character building classes and watching the leaders of the Grimes Unit and Think Legacy Classes.

Building character and making my action plan is part of my life goals .

I have found listening to Mr. Garcia teach about integrity, work skills, and work experience in Think Legacy is an opportunity for an inmate to change his life.

It was a choice for me to enter Think Legacy class. I believe the knowledge I'm learning in Think Legacy is an important process that can help build character for others to see, and in hopes others will follow.

I have opened myself up for change and choose to grow. I hope my family can see this change, leaving a legacy for those I

love. With the help of Think Legacy, and with practice, I will be able to stand with integrity and character.

Thank you Mr. Garcia for leading by example with integrity to shine for others to follow.

Written by:

Thomas S. Galluzzo III
#159126



Contributor
Thomas S. Galluzzo III

“I believe the knowledge I’m learning in Think Legacy is an important process that can help build character ”



Class Time for Think Legacy



Legacy Mentors

The word Mentor is believed to have originated with Homers *Odyssey*. Mentor was a trusted friend of Odysseus, left in charge of the household during Odysseus' absence. He was said to be a wise and trusted counselor. The Think Legacy mentors try to lead and help others as they are willing to be lead and helped.

James Frazier, Antonio Magaña and Brian Holter are the mentors for the Grimes Think Legacy program. I asked them what they liked about being selected as a mentor.



James Frazier is a Mentor in Think Legacy

"I really love my job! I get so many opportunities to help others. I like encouraging students to invest in their future, which is something I've been doing for most of my

incarceration.

One of the ways I have done this is by taking college classes and I now have less then a semester to earn my Associates degree. I'm also taking a Paralegal course through Blackstone Career Institute and will be finished this fall.

I think one of the best decisions I ever made was to be a life-long learner. I think a person should always be willing to learn a new skill and challenge themselves to take on new assignments. This is how one can grow.

I'm glad I get to be a part of the Think Legacy community."



Brian Holter is a Mentor in Think Legacy

The Think Legacy program has been very good for me. As a former professional baseball player, I understand the importance of the team and the meaning behind the word teamwork.

However, because of my choice to use drugs and other poor decisions, I strayed from the principles that led to my early success in life.

Under men like Mr. Garcia, the Think Legacy Coordinator and Mr. Dewitt, a Volunteer, who both have a passion for helping others reach their full potential, I renewed my confidence and am able to focus on simply being a better person.

So, I think the most gratifying thing about being selected to be a Peer Mentor is now I once again have respect for myself, I can help others, and be beneficial to a team once again.



Antonio Magaña is a Mentor in Think Legacy

Antonio Magaña is our bi-lingual mentor. He says he likes motivating students to get everything they can from the material taught in Think Legacy. He is always helpful to those who need assistance.



I am very thankful for the assistance that all the Think Legacy mentors have contributed to the success of this program.

**Antonio Garcia
Think Legacy Facilitator/
Program Coordinator**

Employability Skills

If I had to pin-point the area in which the Think Legacy program has helped me the most, I'd have to say, it was with confidence in employment.

As an inmate, I have to say, the thought of overcoming the stigma of my crime and how negatively I felt the community would judge me, let alone employers, was overwhelming.

Then, I learned about job search and employability skills in Think Legacy and all the incentives in place for em-

ployers to give felons a chance out there. I learned in Think Legacy that I had valuable skills I could use in employment. I even learned some of those skills through some of the jobs I'd worked in prison.

In Think Legacy, I also learned that, even if I have never had a real job before, I could look back on my own life, and find that, in some way, I had learned skills, be it from school or doing household chores, or even hustling. There were skills learned in those activities that carry over into em-

ployment fields and they are valuable.

The Think Legacy program taught me to recognize my worth and to help me develop the right attitude to face my employers and community. I simply say, this is the mistake I made, but here is what I'm worth, this is what I can do, and this is how I can be an asset. This is my Legacy.

By Nathan Lamb #162273



**Contributor
Nathan Lamb**

Character Training

I'm a big fan of character training and Mr. Dewitt, a volunteer at the Grimes Unit, who teaches character in the PALS program and here in the Think Legacy program, really brings some good material. You can tell from his examples, which he draws from his own experience. He has really found the value of developing the 49 character qualities in his own life.

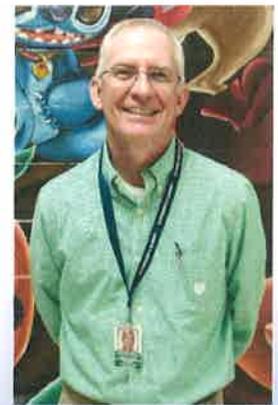
One of the most remarkable things he teaches about these traits is that they are supportive of each

other. In other words, if you are working on developing the traits of diligence and determination these will support the trait of dependability, so will enthusiasm, and boldness.

Mr. Dewitt also teaches many ways these traits can be integrated into our everyday lives. For example, you can use discretion to keep yourself out of situations that could get you into trouble or, if you are a parent, you need to use discretion in deciding what to allow your child to do.

I encourage every one to make it a goal to develop positive character traits in their lives. It has made a difference in my life. I have worked on and developed loyalty, obedience, patience and resourcefulness, but I still need work on thoroughness, cautiousness and boldness. I hope others can get interested in developing these traits because they will lead to more freedom in life.

Written By James Frazier
#112040



"Mr. Dewitt teaches many ways these character traits can be integrated into our everyday life."

Burlsworth Foundation Bringing Encouragement

On September 28, 1999, at the young age of 23, Brandon Burlsworth, while on his way home from college to attend church with his mother tragically died in a vehicle accident. Brandon had a vision to make an impact in the lives of children who felt themselves unable to achieve their dreams. Today, his brother Marty, through the Brandon Burlsworth Foundation, carries on his legacy. Their main mission is to work with children, through football camps and award programs, which teach them that they can achieve their goals.

On March 27, 2018, Marty, along with his son Aaron of the Burlsworth Foundation, visited with the Grimes Unit Think Legacy class. "What?" You might ask, "does visiting prisons have to do with the mission of this foundation?" As Marty put it, "You have children and children need their fathers at home, not in prison."

In the weeks leading up to the visit of the Burlsworth Foundation, the Think Legacy class watched "Greater", a movie about Brandon Burlsworth. It was the story of how Brandon, who, though not recruited and having no previous name or reputation, joined the Arkansas Razorback football team as a walk-on and, through hard work and determination, became the first All-American from the University of Arkansas in a decade. When he first arrived on the practice field, no one expected him to succeed. Nevertheless, he did succeed, even being drafted to the Indianapolis Colts eleven days before his death. How did he do it?

As Brandon's brother Marty so aptly pointed out, Brandon had persistence. He worked hard every day and did not listen to the doubters. He was aware of the challenges he faced and rose up everyday to face them. It is this message that Marty is bringing to the men in prison. As in-

dividuals with criminal records, we all face challenges when released from prison, but we can take example from the excellent life of Brandon Burlsworth.

One of the lessons Marty, who was actually sixteen years older than Brandon, taught him as a kid playing T-Ball was, "Until you take responsibility for striking out, you will never get better!" If we take responsibility then, we can see what we did wrong and how we can do better. He went on to say "there are no road blocks, only detours." We know we will face obstacles when released but, if we are determined and persistent, we can find a way to overcome them.

We would like to thank Marty and Aaron for visiting us and sharing their wisdom and the legacy of Brandon Burlsworth.

Written by James Frazier
#112040



Marty Burlsworth inspiring Think Legacy

Graduation Time for
Team Think Legacy



Frank Meeks #81954



Brad Wilson #97510



Jimmy Yocum #99638



Elbert Osborne #121069



Dustin Sisco #155569



Joe Davis #551372

Team Think Legacy-Striking a Pose

Extra photos from Team Think Legacy



Team Think Legacy thanks the Grimes Unit Kitchen staff for Graduation refreshments



Team Think Legacy Striking a Pose