



5K RUN/WALK

REGIONAL PARK • PINE BLUFF

Saturday, January 30, 2016

Race Day Registration at Lakeview Amphitheater

Saturday, January 30, 2016

9:00 a.m. – 9:20 a.m.

Race Start Time

9:30 a.m.

Start & Finish at Lakeview Amphitheater

Location:

Lakeview Amphitheater in Regional Park

All Participants will receive a long sleeve T-Shirt. Pre-registered participants are guaranteed a t-shirt on race day. Race day registrants will receive a t-shirt as long as the supply is available. Others may be picked up at a later date.

Refreshments (Hot/Cold drinks and fresh fruit) will be provided to all participants at the finish.

POLAR BEAR 5K RUN/WALK AWARDS

Trophies	Male and Female Overall First Place
Medals	1 st , 2 nd , and 3 rd Place in Age Groups Male and Female Under 14, 19 - 15, 20 - 29, 30 - 39, 40 - 49, 50 - 59, 60 and over.

POLAR BEAR 5K RUN/WALK REGISTRATION

**Early race packet pick-up at JRMC in Pine Bluff
January 28 & 29, 2016 from 5:00 pm to 6:30 pm**

RACE REGISTRATION..... **\$25**



Special Olympics

ALL PROCEEDS BENEFIT THE SPECIAL OLYMPICS

NAME _____ PHONE (____) _____ - _____ MALE FEMALE

ADDRESS _____ E-MAIL _____

T-SHIRT SIZE

(circle one)

S M L XL XXL

CITY _____ STATE _____ ZIP _____

Participant's Waiver And Release

I waive any and all claims for myself, my heirs, and assigns, against the Area IX Special Olympics, all race co-sponsors, the City of Pine Bluff, and any subsidiary thereof, its or their representatives, successors and assigns for injury or loss which may directly or indirectly result from my participation in this event. I further state that I am in proper physical condition and have trained for completion of this event. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recording or any other records of this event for any purpose whatsoever.

Mail Applications and Make Checks Payable To:

Special Olympics Arkansas
621 East 8th Avenue
Pine Bluff, AR 71601

More Info: Travis Chisom (870) 489-3881



SIGNATURE _____

AGE

DATE _____

SIGNATURE of PARENT/GUARDIAN
(Applicant is under 18 years of age)

YOU MAY ALSO DROP OFF APPLICATION AND CHECK AT THE JRMC WELLNESS CENTER IN PINE BLUFF OR WHITE HALL